PLACENTIA RECREATION WINTER ACTIVITY GUIDE



ACTIVITY	AGE	CONTACT	DETAILS
Adult Exercise Class	19+	Bernadette McGrath 227-3313	Freshwater Community Centre Tuesday &Thursday 10:00-11:30 am \$4 per session
Adult Floor Hockey	19+	Christopher J. Newhook 227-6697	St. Anne's Academy Sundays 8:30-10:30 pm Tuesdays 8:00-10:00 pm
Adult Paint Night	19+	Christopher J. Newhook 227-6697	Laval High School \$40.00/session Contact for schedule
Army Cadets Free	12-18	Wayne Power (Commanding Officer) 227-4913	St. Anne's Academy Thursday 6:15-9:00 pm
Bingo	19+	Weekly FCC: 227-5768 Star: 227-2446 Dunville Lions: 227 - 2643	Freshwater Community Centre Star of the Sea Dunville Lions Club Contact for times
Bridge	19+	Beth Greene 227-3636	Arts Centre Tuesdays 2:00-4:00 pm
Brownies / Sparks	5-8	Amanda McFatridge 213-1235	Freshwater Community Centre Mondays 5:45-7:00 pm Contact for fee information
Cards	19+	Weekly FCC: 227-5768 Star: 227-2446 Dunville Lions: 227-2643	Freshwater Community Centre Star of the Sea Dunville Lions Club Please contact for times
Co-Ed Recreational Basketball	15 +	Christopher J. Newhook 227-6697 Join Messenger group	Laval High School Monday & Wednesday 8:00 pm \$5/night

ACTIVITY	AGE	CONTACT	DETAILS
Community Youth Network	12-18	Jennifer Bennett 227-2050 cynplacentia@yahoo.ca www.facebook.com/CYNplacentia	Library Building & Laval (Daily Activities/Special Events) FREE
CORE Fitness	Adult	Pam Constantine 227-6988	Laval High School Sunday, Tuesday & Thursday 5:30-6:30 pm
Dance (Tumbling, ballet, jazz & hip hop)	3-9	Katie O'Leary 746-9271	Unity PARC Mondays 4:00-4:30-6:30pm Unity PARC & St. Anne's Academy Tuesdays 4:15-6:30 pm Registration fee
Darts	19+	Dunville Lions: 227-2643 FCC: 227-5768 Legion: 227-3531 Star: 227-2446 Weekly	Dunville Lions Club Freshwater Community Centre Royal Canadian Legion Star of the Sea
Family Worship Centre	All Ages	Reverend Jason Burge 227-9434	Family Worship Building 33 Veteran's Way
Figure Skating	3-18	Anica O'Keefe Donahue Email: parcfsc@hotmail.com	Times and dates vary Registration fee
Girls Ice Hockey Skills	4-11	Michael Gambin michaelgambin@nlesd.ca	Mondays 3:00-4:00 pm Fee is for ice time only
Indoor Walking and Conditioning	Seniors	Lucy Duke	Freshwater Community Centre Monday, Wednesday & Friday 10:00 am









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Lancers Line Dancing	19+	Mary Kerrivan Phone Star: 227-2446	Star of the Sea Lancers - Mondays 6:30 pm Line Dancing - Fridays 1:00 pm
Martial Arts (Karate & Self Defense)	Age 5+	Alex Foley 237-5425	Unity PARC Arena Wednesdays 3:30-8:30 pm Registration fee
Minor Hockey	3-18	Jamilee Fitzpatrick Placentiaminorhockey @gmail.com	Unity PARC Times and dates vary Registration fee
Music & Friends Guitar	Seniors	Gord Pike 227-9898	Tuesdays 10:00 am – 12:00 pm
Music Lessons Guitar/Piano/Voice	All Ages	Yvonne Milley's Music Studio 227-5620	Monday – Thursday Registration fee Contact for times and fees
Over 35 Rec Ice Hockey	35+	Dave Constantine 227-6980 Rick Healey 227-9716	Mondays & Thursdays 9:00-10:00 pm 10:00-11:00 pm
PASS (Placentia Area Seniors for Seniors)	Seniors	Beth Greene 227-3636	Unity PARC
PATH Theatre Group	All Ages	Artistic Director Connie Newhook 227–2299	Seasonal Productions
Placentia Curling Club	Adult	Walter Parsons 227–4461	Unity PARC Sundays 7:30-9:30 pm
Placentia Lions TV Bingo	19+	Community Channel	Thursdays 8-9:30 pm Cards available at most stores
Placentia Running Club	19+	Jennifer Power jennifer.power@cna.nl.ca	Email for weekly schedule









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Quilting	Senior Ladies	Sandra Power 227-5156	Freshwater Community Centre Wednesdays 7-10 pm
School Sports (Intramural & School Teams)	5-18	Paula Martin (Grade K-6) 227-3192 Ryan Perks (Grade 7-12) 227-2041	St. Anne's Academy Laval High School
Special Olympics	12+	Gord Pike 227-9898	Laval High School Tuesdays 7-8:30 pm
Tai Chi	Adult	Patrick O'Keefe	Art Centre Mondays 10:30 am-12:00 pm
Unity PARC Indoor Walking	All ages	227-3996	Monday-Friday 8:30 am-5:00 pm
Unity PARC Fitness Room	18+	Gord Pike Placentia Recreation FB page	Monday-Friday 8:30 am-10:30 pm
Unity PARC Skating General Skating Family Skating Parents and Tots Recreational Skate	All Ages	Unity PARC – 227-3996 Gord Pike - 227-9898	Fridays & Saturdays 7-8:00 pm Sundays 4:00-5:00 pm Fridays 10:00-11:00 pm Mon-Thurs – 9:00- 11:00am,1:00-3:00pm
Yoga	All Ages	Castle Hill Yoga & Wellness Nancy White 699-9642	Contact for times, fees and location
		Yoga for Every Body Barb Hynes 227-4687	Arts Centre Mondays 7:00-8:15 pm \$60/5



www.placentia.ca 709-227-2151 @TownofPlacentia

sessions

